

THE TATTOOED CHRISTIAN

BEYOND *THE INK*

FAITH / HEALING
PURPOSE / REAL LIFE

A FOUR-PAGE GUIDE TO
FINDING PURPOSE
BEYOND YOUR PAST
WITH KASI



YOU ARE MORE THAN WHAT PEOPLE SEE.

Your story is still unfolding. Through honest reflection, faith-filled action, and prayer, make space for what God is doing next.

REFLECT • RESET

A FREE RESOURCE FROM THE TATTOOED CHRISTIAN

REFLECTION PROMPTS

A little honesty can open the door to real healing.

01 What season of life has God brought you through?

02 What have you learned about yourself along the way?

03 How has God used a difficult experience to shape your purpose?

04 What is one step you can take toward the life God has for you?

REFLECTION: What truth do I need to remember today?

MY ACTION PLAN

Small, faithful steps create meaningful momentum.

MY NEXT FAITH-FILLED GOAL

THIS WEEK, I WILL...

- ☐ Spend intentional time with God.
- ☐ Replace one negative thought with biblical truth.
- ☐ Practice gratitude, even on difficult days.
- ☐ Take one courageous step toward my purpose.
- ☐ Make room for rest and healthy connection.

MY PERSONAL NEXT STEP

PROGRESS, NOT PERFECTION. KEEP SHOWING UP.

PRAYER & DECLARATIONS

Let go. Heal. Grow. Move forward.

A PRAYER FOR HEALING

God, meet me in the places that still hurt. Help me release what I cannot change, receive Your grace, and trust You with what comes next. Give me courage to grow and wisdom to walk in purpose. Amen.

TODAY I DECLARE...

- ♥ I am chosen and deeply loved.
- ♥ My past does not define my future.
- ♥ God is still working in my life.
- ♥ I can move forward one faithful step at a time.

THE RESET

01
LET GO

02
HEAL

03
GROW

04
MOVE

Your story is not over. Keep walking with God.